



Dr. J. Scott Bainbridge received his medical degree from Northeastern Ohio Universities College of Medicine, graduating as a member of Alpha Omega Alpha Honors Medical Society. Following his graduation from N.E.O.U.C.O.M., Dr. Bainbridge completed his residency in Physical Medicine and Rehabilitation at the University of Colorado Health Sciences Center, where he served as Co-Chief Resident. Dr. Bainbridge has been board certified with the American Board of Physical Medicine and Rehabilitation (1992) and the American Board of Electrodiagnostic Medicine (1996), and completed a proctorship in spinal injections with Robert E. Wright, MD in 2005. He specializes in spine care; returning back and spine pain sufferers to activity through a non-surgical approach.

Dr. Bainbridge is a spinal injection procedure instructor, and chairman of the research committee, for the International Spine Intervention Society. He is a board examiner with the American Academy of Physical Medicine and Rehabilitation and is an Assistant Clinical Professor in the School of Medicine, Department of Physical Medicine & Rehabilitation, and Clinical Assistant Professor for the School of Pharmacy, Department of Clinical Pharmacy, at the University of Colorado Denver. Dr.

Bainbridge's professional organizational memberships include the North American Spine Society, International Spine Intervention Society, American Society of Interventional Pain Physicians, American Academy of Physical Medicine and Rehabilitation, Physiatric Association of Spine, Sports and Occupational Rehabilitation, American Association of Neuromuscular and Electrodiagnostic Medicine, American College of Sports Medicine and American Academy of Medical Acupuncture. He is actively involved in carrying out clinical research.

Dr. Bainbridge's approach to patient care is multi-faceted. An accurate diagnosis, a caring attitude, and a specific, comprehensive treatment plan, which may include: exercise, physical or other manual therapies, nutritional and lifestyle counseling, acupuncture, medication or injection therapy, consideration of surgery, and patient education, are the keys to achieving a positive outcome. The ultimate goal is not only pain relief, but also the empowerment of patients with the knowledge and self care programs to manage their spine conditions over a lifetime.

Dr. Bainbridge enjoys time with his family, biking, running, Tai Chi, and the simple joys of life.
